

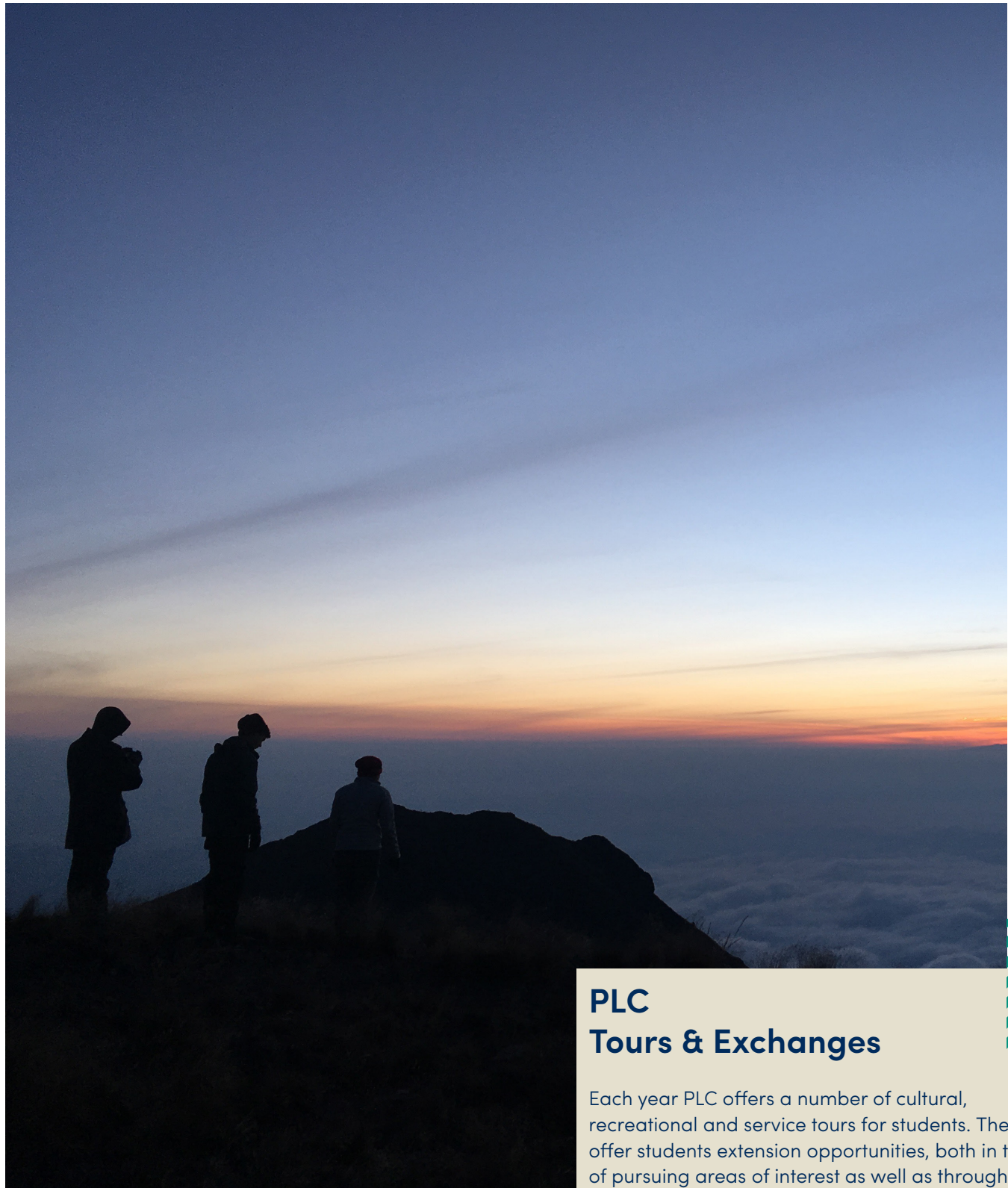


PLC

PERTH

TOURS & EXCHANGES





PLC Tours & Exchanges

Each year PLC offers a number of cultural, recreational and service tours for students. These offer students extension opportunities, both in terms of pursuing areas of interest as well as through meaningful contact with other students and with members of the local and global communities. All tours provide opportunities for students to learn about themselves, about others and the world around them.

To assist parents and their daughters in decision-making, a list of proposed future tours are presented below. However, other tours may be added to this schedule as opportunities arise. All tours are subject to viable numbers as well as variables such as Australian Government travel recommendations at the given time.

DEFINE ME

Tours & Exchanges

Study Tour of France

YEAR 10 (11)

2018 - Dates to be announced

Study Tour of China

YEAR 10 (11)

2017 - 16-29 September

2019 - Term 3 Holidays

PLC Sports Tour

YEAR 10

2017 - 23 September to 2 October

Cambodia Service Immersion

YEAR 10 (plus parent)

2017 - 24 September to 7 October

2018 - Term 3 Holidays

2019 - Term 3 Holidays

SPORTS

Tours

Sports Scholarship Tour - USA

YEARS 10-12

2018 - Dates to be announced

National Rowers - Sydney (by invitation)

YEARS 10-12

2017 - 29 March to 2 April

2018 - 19 to 25 March

2019 - Dates to be announced

National Competitions (by invitation)

YEARS 7-12

2017 - Dates to be announced

2018 - Dates to be announced

2019 - Dates to be announced

WELLBEING & SERVICE

Tours

Vietnam Service Immersion

YEARS 9

2018 - Term 3 Holidays

PLC Scotch Tanzania Expedition

YEARS 11 & 12

2018 - Term 2 Holidays

Kimberley Service Immersion

YEARS 11 & 12

2017 - Term 2 Holidays

2018 - Term 2 Holidays

EXCHANGE

Programmes

YEAR 10s

Queen Margaret College (New Zealand) 2 weeks

2017 - 22 September to 8 October [Host: April]

2018 - Term 3 Holidays [Host: October]

2019 - Term 3 Holidays [Host: October]

Ferney Voltaire- France

2017 - 22 September to 12 October [Host: June]

2018 - Term 3 Holidays [Host: June]

2019 - Term 3 Holidays [Host: June]

Bedford Girl's School - United Kingdom

2017 - 22 September to 12 October [Host: July | August]

2018 - Term 3 Holidays [Host: July | August]

2019 - Term 3 Holidays [Host: July | August]

Öffentliches Schottengymnasium der Benediktiner Austria 6 weeks

2017 - 8 December to 22 January [Host: July | August]

2018 - December | January Holidays

[Host: July | August]

2019 - December | January Holidays

[Host: July | August]

SUBJECT

Tours

Sydney Arts Tour (NIDA)

YEARS 11 & 12

2017 - 15 to 22 April

2019 - Term 1 Holidays

CAS - Conservation Experience

YEARS 11 & 12

2018 - Dates to be announced

Canberra Tour

YEAR 9

2017 - 15 to 22 July

2018 - Term 2 School Holidays

2019 - Year 8s Dates to be announced

Music Tours

YEARS 8-12

2019 - Regional Dates to be announced



DEFINE ME

Year 10



The Year 10 Define Me programme acts as a transition between the end of Year 10 and the commencement of Year 11 Courses of Study or Diploma in Term 4.

The Define Me programme is an alignment of Tours, Outdoor Education and Exchanges that, in the past, were on offer for Year 10 students throughout the year.

It is compulsory for all Year 10 students to participate in at least one activity. Students select from a range of experiential education options that may utilise up to three weeks of the given time.

The below options will be offer to students for 2018:

Self-funded Programmes: Tours and Exchanges

- Cambodia Service Immersion Tour
- French Study Tour
- Student exchange to Ferney Voltaire, France
- Student exchange to Bedford Girls' School, United Kingdom
- Student exchange to Queen Margaret College, New Zealand
- Student exchange to Öffentliches Schottengymnasium der Benediktiner, Vienna

Partially funded Programmes: Outdoor Education Programmes

- Karijini
- Ningaloo

Cost Neutral Programmes: Outdoor Education Programmes

- Bibbulmun Track
- Cape to Cape Track
- Kalbarri
- Walpole

Students will need to apply for the exchange opportunities, with the School selecting students if numbers exceed places available. Only students that represent the values and ethos of the School will be selected to represent PLC on these exchanges. A condition of the exchange programmes is families of the successful PLC applicants must host an exchange student from the chosen School for the duration of their visit.

The alignment of these options means that there will be minimal disruption to the girls' curriculum and co-curricular activities across Years 10 and 11. Other rationale for the alignment includes:

- Creating a transition from the Year 9 and 10 Define Me Programme into the Year 11 and 12 Distinguish Me Programme.
- Timetabling of the programme to coincide with Year 10, 11 and 12 examinations
- The Define Me Programme offers a wonderful opportunity for students to learn beyond the walls of the School campus. Richard Light, a Harvard University researcher on experiential education states that 'evidence shows learning outside of classes, especially in residential settings and extra-curricular activities such as the arts, is vital. When we asked students to think of a specific, critical incident or moment that had changed them profoundly, four-fifths of them chose a situation or event outside of the classroom'.
- Each of the Define Me programmes offers students opportunities to learn about themselves, about others and the world around them. The experiences will build resilience, independence, inter-dependence and, for overseas, a cultural awareness and international mindedness.



YEAR 10 (plus parent)

2017 – 24 September to 7 October

2018 – Term 3 Holidays

2019 – Term 3 Holidays

CAMBODIA SERVICE IMMERSION

The tour focuses on developing service-learning programs and opportunities that touch the intellectual, spiritual, emotional and social development of our girls.

Our PLC Community has a strong partnership with the Tabitha Foundation in Australia and Cambodia, achieving the building of 250 houses and funding 120 wells over the last nine years.

Our PLC Community has also funded building a school by Tabitha for 600 children.

Tour Partner

Rustic Pathways specialises in community service, education, and adventure travel programs for high school students.

For the past 33 years, they have been widely viewed internationally as the world leader in our field, and their programs have been available to Australian schools since 2011.

ITINERARY Sample

Day 1	Fly Perth – Singapore – Phnom Penh
Day 2	Killing Fields S21 Genocide Museum
Day 3	Royal Palace, Central Market Sunset River Cruise & Silk Farm
Day 4	Tabitha Housebuilding Project
Day 5	Tabitha Housebuilding Project
Day 6	Rustic Service Project: <ul style="list-style-type: none"> • Break Dancing • Street Art • Tiny Tunes
Day 7	Free day
Day 8	Drive to Kampong Cham
Day 9	Community Service Project – Kong Maha Village
Day 10	Community Service Project – Kong Maha Village
Day 11	Drive to Siem Reap National Circus of Cambodia
Day 12	Temples of Angkor Cooking Class Night Markets
Day 13	Artisan Markets Debrief and Departure
Day 14	Arrive in Perth

STUDY TOUR OF CHINA

Students who participate on the China Tour experience China from three historical perspectives – Ancient China, the Cultural Revolution and Modern China.

The locations of both Beijing and Shanghai provide the added stimulus of excursions to historical sites such as the Great Wall of China, the Forbidden City, the Summer Palace, Tiananmen Square and an ancient water village to name a few.

Staff and students are based in hotel accommodation and visit many of the significant sites the city and surrounds have to offer. At the conclusion of the Beijing leg of the journey the tour group travel by fast train to Shanghai.

Whilst in Shanghai, students attend mandarin classes for four mornings and in the afternoon they will visit significant sites in and around Shanghai before returning back to the hotel.

The China tour offers numerous opportunities to broaden horizons and to take risks in a controlled and supported environment. For example, girls will engage in Mandarin lessons aimed at the girls' level of expertise and will be expected to attempt using what they have learnt whilst out and about on tours.

In addition to some escorted tours, the girls will also be using the subway systems in both Beijing and Shanghai, which will require using initiative and demonstrating responsibility. China as an emerging world power and, more importantly, about themselves and their own abilities.

YEAR 10 (11)

2017 – 16–29 September

2019 – Term 3 Holidays



ITINERARY Sample

- | | |
|--------|---|
| Day 1 | Fly Perth – Beijing |
| Day 2 | Great Wall of China, Ming Tombs
Olympic Park – Bird Nest and Water Cube |
| Day 3 | Tiananmen Square and the Forbidden City
Rickshaw ride to Hutongs and
back alleys of Wangfujian Street,
Dashilan Street Evening Performance |
| Day 4 | Temple of Heaven, Hongquiao Markets
Summer Palace |
| Day 5 | Cultural Day |
| Day 6 | Fast Train Beijing to Shanghai |
| Day 7 | Mandarin Class
Bund Road
Jin Mao Tower
Urban History Museum |
| Day 8 | Zhujiajiao (Ming & Qing buildings)
Tianzifang
Mandarin Lesson |
| Day 9 | Mandarin Lesson
History Museum |
| Day 10 | Shanghai No. 3 Girls High School Visit |
| Day 11 | Maglev (World's Fastest Train) to Airport |
| Day 12 | Fly Shanghai – Perth |





PLC SPORTS TOUR SINGAPORE

Students who are interested in representing PLC in a Sports Cultural Tour to Singapore are invited to apply. We consider taking a Netball and Soccer team with the possibility of a Hockey team.

We propose to take ten students to represent Netball, 13 students to represent Soccer and 13 students to participate in Hockey.

If numbers dominate in a particular sport, two teams may be taken to represent that sport. In the event that numbers have not been met per team, the deposit will not be processed.

If PLC numbers exceed the maximum of participants but not possible to make a second team, all girls will be subjected to the selection criteria below to be eligible to participate on the tour:

- Selected on ability and playing positions
- Students must commit to play for the school IGSSA Netball/Soccer/Hockey team in 2017
- Must attend all trials
- Students have represented PLC in this sport
- Students must commit to the current PLC IGSSA Sport Guidelines eg: attendance at trainings

ITINERARY Sample

Day 1	Fly Perth - Singapore
Day 2	Explore Singapore
Day 3	Games
Day 4	Games
Day 5	Sentosa Island
Day 6	Games
Day 7	Games
Day 8	Games
Day 9	Explore Singapore
Day 10	Fly Singapore - Perth



EXCHANGE PROGRAMMES

EXCHANGE TO LYCÉE INTERNATIONALE DE FERNEY VOLTAIRE, FRANCE

PLC and Lycée internationale de Ferney Voltaire are offering a student exchange for five French language students in Year 10 who are intending to continue their studies in French Language in Years 11 and 12.

The Lycée internationale de Ferney Voltaire is a large international school close to the border of Switzerland and has five international sections as well as vocational courses. The French hosting students will come to Perth in June/July. It is expected that the families of the successful PLC applicants will host the French students for the duration of their visit.

Cost: Airfare to Geneva, Visa, Travel insurance and pocket money to cover local transport and incidentals.

EXCHANGE TO BEDFORD GIRLS' SCHOOL, UNITED KINGDOM

Bedford Girls' School is a vibrant independent day school for girls aged 7 – 18 year olds. The School's values and expectations of students are similar to that of PLC. The School will provide, as best it can, a course of study that fits the needs of the exchange student. Bedford Girl's School also has a strong co-curricula programme. Their Principal, Ms Jo McKenzie is a PLC Old Collegian. This is a reciprocal exchange programme whereby families of the successful PLC applicants will host a Bedford exchange student in the following year, in July/August 2018.

Cost: Airfare to United Kingdom, Travel insurance and pocket money to cover local transport and incidentals.

EXCHANGE TO ÖFFENTLICHES SCHOTTENGYMNASIUM DER BENEDIKTINER, VIENNA, AUSTRIA

The Öffentliches Schottengymnasium der Benediktiner is a German speaking co-educational high school located in Vienna, Austria. The school provides a comprehensive general education and specializes in foreign languages; Latin, Greek, English, French, Russian, Italian and Spanish. Mathematics and the Sciences are taught at an extremely competitive level, which is reflected in prizes and awards that are achieved by the students.

This exchange will take place in the December / January School Holidays and therefore, the successful participant must select another Define Me programme operating in the October break.

This is a reciprocal exchange programme whereby families of the successful PLC applicants will host an Austrian exchange student for the duration of their visit.

Cost: Airfare to Vienna, visa, travel insurance and pocket money to cover local transport and incidentals.

EXCHANGE TO QUEEN MARGARET COLLEGE, NEW ZEALAND

Queen Margaret College is an independent Presbyterian school for girls, from Pre-School to Year 13, situated in Wellington, New Zealand. Sited in the inner city suburb of Thorndon, in Wellington, the college is close to the city's bus and train centre. With such neighbours as the National Library, Katherine Mansfield birthplace and Parliament, the College makes maximum use of its proximity to the many learning opportunities the city offers.

This is a reciprocal exchange programme whereby families of the successful PLC applicants will host a Queen Margaret exchange student for the duration of their visit. As a new exchange, the programme will be for 2 weeks, one week at School and another during School holiday time.

Cost: Airfare to New Zealand, Travel insurance and pocket money to cover local transport and incidentals.

YEAR 10s

France, United Kingdom, Japan,
Austria and New Zealand



YEAR 9

2017 - 15 to 22 July

2018 - Term 2 School Holidays

2019 - Year 8s Dates TBA

CANBERRA TOUR

The tour is structured to have both an educational and recreational component.

The educational component of the tour has been designed to support the Active Citizenship unit of inquiry covered in the Year 9 Humanities course, building on the students' awareness and understanding of both Civics and Citizenship. The tour aims to include the following activities:

- A guided tour, including the galleries of the Senate and House of Representatives in New and Old Parliament House
- An education programme as arranged by the Parliamentary Education Office
- Participation in the education programmes at National Electoral Education Centre
- Other venues to be included in the itinerary (subject to availability):
 - National Museum of Australia
 - War Memorial
 - National Gallery of Australia
 - Australian Institute of Sport
 - High Court of Australia
 - Government House
 - National Capital Exhibition
 - National Film and Sound Archive

The recreational component of the tour will be the opportunity to ski at the snowfields at Blue Cow, New South Wales, and stay in the town of Jindabyne.

ITINERARY Sample

Day 1	Fly Perth – Canberra – Jindabyne
Day 2	Snow day with skiing lesson
Day 3	Snow day with skiing lesson
Day 4	Snow day with skiing lesson
Day 5	National Capital Exhibition National Film & Sound Archive National Museum of Australia Australian Institute of Sport
Day 6	Government House High Court of Australia Australian War Memorial
Day 7	Parliament House National Electoral Office Museum of Australian Democracy
Day 8	Fly Canberra – Perth



SYDNEY ARTS TOUR (NIDA)

The Drama Tour to the National Institute of Dramatic Art, Sydney is planned biannually during Term 1 School holidays.

The tour is offered to Year 11 and 12 Drama students. PLC Year 12 students have first preference to participate on the tour, as the tour is limited to 20 students.

Tutors will be NIDA specialist staff who will conduct daily sessions which will focus on Voice, Physical Theatre and Improvisation, working towards a Group Devised performance on the final day of the workshops.

In the evenings, students will attend several productions by some of the major mainstream and fringe Sydney Theatre Companies.

ITINERARY Sample

Day 1	Fly Perth – Sydney
Day 2	Explore Sydney The Rocks and Sydney Markets Sydney Harbour Cruise
Day 3	NIDA Workshops 'The Popular Mechanics' Sydney Theatre Co
Day 4	NIDA Workshops 'Kinky Boots' Capitol Theatre
Day 5	NIDA Workshops 'The Rasputin Affair' Ensemble Theatre Kirribilli
Day 6	NIDA Workshops
Day 7	NIDA Workshops 'The Dog The Cat' Belvoir Street Theatre
Day 8	Fly Sydney – Perth



YEARS 11 & 12

2017 – 15 to 22 April
2019 – Term 1 Holidays



YEARS 11 & 12

2017 – Term 2 Holidays

2018 – Term 2 Holidays

KIMBERLEY SERVICE IMMERSION

The Kimberley Service and Cultural Tour is a rich and extensive tour working with different partnerships with an added dimension of the services provided by Uptuyu Tours.

Working in partnership with Indigenous Communities out of Derby; Imintji Community and Mowanjum Community.

The tour will involve cultural immersion and history, service projects based around aged care, and assistance with the annual Mowanjum Festival.

The major impact of this experience will be the participation, involvement and sharing in many aspects of Aboriginal culture and to build a greater depth of mutual understanding and respect.

ITINERARY Sample

Day 1	Fly Perth – Broome Tour of Broome Private Bus to Derby Mowanjum Festival Preparation
Day 2	Derby and Mowanjum Numbala Nunga Nursing Home Visit Mowanjum Festival
Day 3	Derby Gallery Visits Sunset Photos at Wharf Jetty Dinner 'Catch on the Waterfront'
Day 4	Windjana Gorge and Tunnel Creek Tour Picnic at Tunnel Creek Travel to Imintji Camp Ground
Day 5 & 6	Imintji Community visits to children and elderly Art Centre National Park Gorges
Day 7	Oongkalkada Wilderness Camp The traditional land of the guide. A ceremony ground and where young Nyikina people learn dance and song
Day 8	Return to Broome Bran Nue Day Nursing Home Visit Fly Broome – Perth



YEARS 11 & 12

2018 - Term 2 Holidays

PLC SCOTCH TANZANIA EXPEDITION

Presbyterian Ladies' College in conjunction with Scotch College conduct an expedition and service biannual tour to Tanzania during the Term 2 School holidays. This is open to Years 11 and 12 students in that travelling year.

The Tanzania Expedition Tour promotes service learning and leadership, intercultural awareness, personal growth and development, relationship building and leadership.

There is a fundraising component to the tour and students are required to spend time fundraising for the service projects and activities. Fundraising for Tanzania is generally done as a number of group events. The group aims to raise \$20,000 AUD.



ITINERARY Sample

Day 1	Fly Perth - Dar es Salaam
Day 2	Travel Day
Day 3	Breakfast Visit Kibasila, Buza and Wailies High Schools ATYA Conference Lunch Slipway Markets Dinner
Day 4	4WD Transfer to Kisampa Buy Kangas in Chalinze
Day 5	Service Project Matipwili Lunch in Village Walk to Wami River
Day 6	Service Project Matipwili Matipwili Tour
Day 7	Service Project Matipwili Visit local Maasai Boma
Day 8	Service Project Matipwili Lunch in Village
Day 9	Conclude Service Project Matipwili Formal Reception & Gift Giving Soccer and Netball Matches Dinner and Camp Fire Donate Clothes to Kisampa
Day 10	Depart Kisampa International School of Moshi
Day 11	Visit Tella Primary School Tree Planting with Jane Goodall Institute at Mount Kilimanjaro Free Time in Moshi
Day 12	Drive to Arusha National Park - Wildlife Tour Accent Mt Meru from 1500m ASL Overnight stay in Miriakamba Hut (2500m ASL)
Day 13	Continue Accent Mt Meru Overnight Stay Saddle Hut (350m ASL)
Day 14	View Sunrise at Little Meru Hike Down to Hut Hike Drive to Arusha Safari
Day 15	Rest and Shopping in Arusha
Day 16	Safari in Tarangire
Day 17	Ngorogoro Crater Safari Lunch at Hippo Pool Return to Arusha
Day 18	Depart Arusha
Day 19	Arrive Perth





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